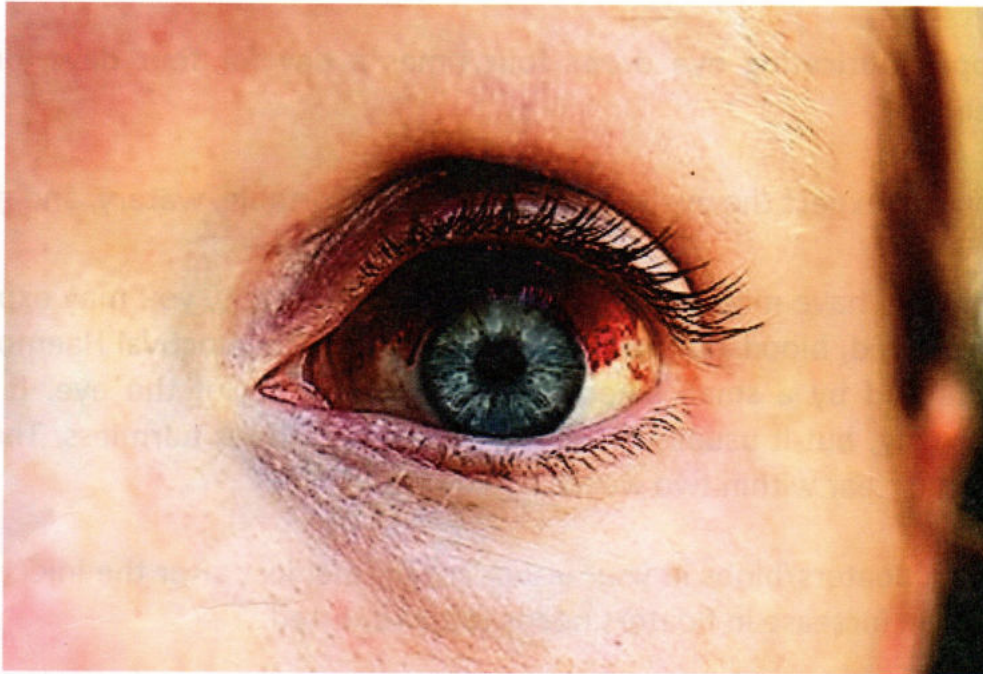




## Subconjunctival Haemorrhage



Following an injection you may have a spot of blood at the front of the eye, and occasionally it may appear as a large red, bloodshot eye. This is called a **subconjunctival haemorrhage**. It is caused by a small bleed behind the covering (conjunctiva) of the eye. It can look alarming, but it causes no symptoms, and is harmless. The redness usually clears within two weeks.

The incidence of subconjunctival haemorrhage is higher if we do a subconjunctival anaesthetic injection prior to your intravitreal injection. We generally encourage this anaesthetic injection, as it reduces pain, and recent studies suggest it reduces the risk of infection. If the redness is bothersome, injections can be done without the subconjunctival anaesthetic, to reduce the incidence of red eye.

If you are worried, please feel free to text me on **0417 998 805**.



## **Instructions after an eye injection**

- Apply **lubricating eye drops** four times a day for four days, or more if needed.
- You can expect the eye to be slightly uncomfortable, watery, and gritty.
- You may have mild redness of the eye. (Very rarely, you may experience a severe red, bloodshot eye. This is called a Subconjunctival Haemorrhage. It is caused by a small bleed behind the covering of the eye. It can look alarming, but it usually causes no symptoms and is harmless. The redness should clear within two weeks.)
- Some floaters/blobs in your vision are normal just after the injection, but a sudden increase in floaters needs to be reported.
- After the first 24 hours, if you have any of the following you need to be seen immediately:
  - **Headache or increasing eye pain**
  - **Marked worsening of vision or loss of vision**

**Please do not go to your GP. Please contact us urgently on:**

**Call: 02 9981 2033**

**Or Text**

**Dr. Andrew Kaines: 0417 998 805**

***If you cannot make contact, go to Sydney Eye Hospital  
– Macquarie Street, Sydney***